



JG

Robertson News

June 2010

Edition 78

www.robertson.nsw.au

Curtains for Climate Change

Mission Australia's "Triple Care Farm" is saving energy with the support from the NSW Government's Climate Change Fund.

Triple Care Farm recently received funding to improve the energy efficiency of three buildings on the property.

From this grant Triple Care Farm was able to provide curtains to stop the heat transfer from inside to out over the colder Robertson months.

The iron roof is no match for the cool winters of the Southern Highlands! However, with ceiling insulation batts, the loss of heat from each building will not be so transparent.



Triple Care Farm is a national residential alcohol and other drugs rehabilitation and treatment program for 16 – 24 year olds. The facilities that have been insulated are occupied by clients during their three months in rehabilitation; this included ceiling insulation for the Education and Training Centre, Respite Placement house and a Residential house.



Award winning local cheeses now available at
Robertson Supermarket
Bowral Cheese Store, Corbett Plaza
Anchors Fresh Fruit & Veg, Bowral



Sat July 3rd

Christmas in July

2 course- Traditional Roast and Dessert

\$35pp

Bookings essential prior to 28th June

Phone 4885 1306

Letters to the Editor.

Dear Editor

Last night (Monday 17th May) about 140 people attended a meeting in Robertson, designed to enable Councillors and Staff to gauge local feeling about lot sizes.

Late in the meeting, a show of hands was called for. One person voted for a continuation of 2000 square metre lots. The remaining 139 did not. They wanted varied lot sizes, and imaginative planning, to enable growth in the village - enough to infill the vacant lots and to make Robertson a socially, economically and environmentally viable community.

For more than a decade Robertson residents have been told that these absurdly large minimum block sizes were what the majority of residents wanted. At last, the lie has been given to that. As the meeting was attended by no less than 7 Councillors, including our Mayor, and by the General Manager and many senior staff - there can now be no doubt about what most Robertson residents want for their village. And it is a future very different to anything they have so far been offered either by LEP or DCP.

Yours Sincerely
Dion Boehme

Editor.

As the editor of the Robertson News I rarely take the opportunity to comment but having attended the public meeting on the 17th May I am inclined to make the following observations of what took place.

It was my impression prior to the meeting that the main argument for 2000 sqm blocks within the village of Robertson was the requirement for waste water disposal. That was the argument presented by council on the night. It had been my intention to ask whether the soil conditions in Robertson were significantly different to Burrawang where I had recently been involved in a successful subdivision involving a 680sqm lot which was capable of disposing of the waste water from a 4 bedroom residence using an AWTs system. However, before I could do so it was pointed out to the meeting that the whole issue of waste disposal did not apply as council required all new residences in the village to use pump-outs until the new sewerage scheme was in place!

It would seem that the only remaining argument for 2000 sqm blocks was the aesthetics of having open space between all buildings to maintain a "rural" appearance. We were left with the decision of whether such open space has a higher priority than the village being able to sustain the kind of services that would obviate the need to drive 20 minutes each way to do a weekly shop. A population of some 3,000 people is apparently needed to make such services viable. Clearly Council have no intention of allowing that to happen as the new Sewerage System is only designed to cater for 2000 residents. Why council would have designed a system to cater for such a small increase over the existing population is hard to understand. This is particularly so

given the effect that people driving those distances on a regular basis will contribute to climate change.

It was not at all helpful to have council telling us at the beginning of the meeting that these issues could no longer be dealt with because they were rightly concerned with the LEP rather than the DCP. That was just rubbing salt into the wound given the way council had ignored the significant submissions that Robertson residents had made on the LEP.

Some of those who attended the meeting on the 17th May were optimistic that now that councillors had a clear indication that Robertson residents wanted the village to grow at least enough to provide the kind of services that would make us self sufficient, without the need to be driving to Moss Vale or Bowral, (or possibly Shellharbour which is just as close), they would do something about it. I hope they are right. Councillors need to find a way to achieve such growth or they cannot claim to be representing the people of Robertson and if they are not representing us, they need to ask themselves who they do represent. They need to press on with the Sewerage Scheme but they need to get someone started now on working out how to extend it to cater for the extra people that Robertson will need. If they don't, then the meeting on the 17th May will be just another of those meetings to give the appearance of listening and we will need to think twice about who we elect to council in the future.

No August Edition of Robertson News.

As a result of the editor being overseas there will be no August edition of the Robertson News. The next edition will be the October edition, for which the deadline is the 15th September.

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At Robertson Recollections

26 Hoddle St, Robertson 9.30 - 5.30 (Closed Wed.)

www.robertson.nsw.au
NEW Robertson Web site.

Robertson Village website is being rebuilt at present, with the sponsorship of the Robertson Lions Club. Check it out.

It will have a "What's On" page, which will be updated to include forthcoming events.

The "What's On" page is inclusive of the entire Village of Robertson and all groups, organizations and business will be entitled to inclusion in the What's On section on the site as a community service courtesy of the **Robertson Village Network**.

The Robertson Chamber of Commerce is also combining with the Robertson Village Network in this exercise, and Chamber members will be able to get an "entry" on the Chamber's page.

Contacts: 'What's On' - Phillip Owen 4885 1368

yarrawa@westnet.com.au

Webmaster for site: - Denis Wilson 4885 2725

deniswilson23@bigpond.com

Robertson Village Meeting:
OUR VILLAGE'S FUTURE

Everyone in Robertson has an opportunity to influence the drafting of the next Strategic Plan.

All clubs, organisations and residents can have their say in planning our village's future.

**Wednesday, June 16th,
5.30pm at the
St John's Church centre.**

2010 Fettle's Heritage Art Prize

2010 Fettle's Heritage Art Prize was well supported this year, with a doubling of entries and an increase in sponsorship prize money, which I think helped inspire momentum, along with an earlier publicity drive and advert in the Robertson Show Guide.

The paintings were judged by local artist Julie Krone and the prizes awarded by another local artist, Ben Quilty. Many thanks to both of them for contributing their time to this event.

Cathryn Burton (Robertson) - "Waiting - Robertson Station"
1st prize donated by RHRSI - \$400

Brett McGrath (Kanahooka) - "The Postmaster"
2nd prize donated by Robertson Recollections - \$150 Gift Voucher

David Burke (Burradoo) - "Big Boys Toys"
3rd Prize donated by Robertson Chamber of Commerce

Commended:

Jenny White (Bowral) - "Unlocking The Past"
Jacqui Brown (Colo Vale) - "Fields"

Potato Guessing Comp won by Joanne from Bowral
Raffle won by:

Lynn Stevenson (Robertson) - 1st prize Illawarra Fly Family Pass
Chris Knapman (Moss vale) - 2nd prize basket of goodies RJ Mackey R/E

A big thank you from the Robertson Heritage Railway Society Committee to all participants and sponsors for your contribution in this year's total event, whether it was producing a painting, providing a prize, purchasing a ticket in raffle or simply visiting the railway precinct. We look forward to a great event next year.

Any one interested in contributing in any way to next years 2011 Fettle's Heritage Prize Exhibition please contact Penny on 0408 610 714

RHRSI Committee

three  creeks **Cafe**

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RAILWAY STATION FAIR

Sunday, 10 October 2010 – 9am to 4pm

*Robertson Heritage Railway Station Common
Yarranga Street, Robertson*

- ◆ *Waratah Flower Show* – Open Gardens with massed waratahs in bloom and for sale; also variety of plants for sale.
- ◆ *Historic Farm Machinery*, Historic Railway artifacts, also Model trains.
- ◆ History display in the Station.
- ◆ *Loop train tickets (Robertson-Moss Vale, return)* as part of the “Cockatoo Run” tourist train
- ◆ *Kiosk* – Lunch, snacks, drinks and real coffee and hot drinks
- ◆ Bric-a-brac and second-hand book stall
- ◆ Other interests

Enquiries: Anne 4885 1598
E-mail: annejw@bigpond.net.au
Website: robertsonrailway.com.au

For any additional last-minute information on possible heritage/steam train visits or other interests on the day please keep a look-out for the October edition of “Robertson News” or look up our website.

Robertson Heritage Railway Station is a non-profit organisation run by volunteers and all funds raised are used in the maintenance and management of the railway station buildings and grounds. We look forward to your support on the day.



Robertson Swimming Pool (RADSPA)

The Staged Development Application lodged by the Pool Committee was passed unanimously by Wingecarribee Shire Council recently. A full DA is now being prepared by the committee and most quotations for the development including pool pumps, filters and heaters have been received.

The site selection has not been finalised. This has been caused partly by delays to the Council’s Robertson DCP. Discussions are still taking place.

Members’ activities have included a very successful stand at the Burrawang Easter Markets and presence at the Robertson Markets. The membership numbers have grown to over 150 and all residents are urged to join RADSPA and contribute to the development of the heated and covered swimming pool

Ticket sellers are out and about seeking residents to support the Raffle. There are \$6000.00 worth of prizes including a Travel Voucher to the value of \$5000 with Coral Seas Travel. This will allow the winner to plan their own holiday to any destination on www.coralseas.com.au.

Other prizes include accommodation at North Sydney Harbour View Hotel and a Seller’s prize donated by the Robertson Super Market.

TICKET SELLERS. Please return your sold books to John Thomas at Murray Tractor Importers in Hoddle St. as soon as possible.

The first run of RADSPA T-Shirts, Caps and BBQ Aprons have been sold and orders are being taken for the new supply.

President John Thomas and committee members continue to visit other similar swimming pool developments in the state with John recently inspecting a very successful family owned pool in Albury.

The Fundraising Committee is now planning a Monster Dinner Auction to be held later in the year. The date will be advised once the venue has been selected

Our first preference is The Robertson Show Ground Pavilion. Already we have received promises of some wonderful Auction and Silent Auction items. It promises to be the Robertson “Event of the Year”.

The Pool web site is up and running and you can find updates by visiting www.robertsonpool.org.au. Long standing residents may have information or pictures of past pool meetings or fundraising efforts. Contributions are most welcome.

The next Committee Meeting is to be held at The Robertson Bowling Club Wednesday 26th May at 5.30 pm

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Matt Brown MP

Your Local Member

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125 Terralong St, Kiama
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Facsimile: 4232 3577
Email: kiama@parliament.nsw.gov.au



Seasonal Affective Disorder also known as the Winter Blues

It's not unusual for people to dread the passing of summer with its long days, warm nights, and evening Barbeques. However some people experience the crippling and isolating symptoms of depression associated with Seasonal Affective Disorder (SAD) also known as the Winter Blues or Winter Depression. SAD is characterised by mood disturbances that begin in winter and gradually cease when spring and summer return, and not every symptom has to be experienced for a diagnosis to be made. A diagnosis can be made after an individual has experienced the same symptoms repeatedly in winter for a couple of years. SAD may begin at any age, but the main age of onset is between 18 and 30 years.

With SAD, the depressive symptoms are more about 'slowing down' as people become easily fatigued, loose interest in their normal activities, have difficulty getting out of bed in the morning, and find it hard to concentrate on and complete tasks, as well as socially withdrawing from friends and family. People may crave foods high in carbohydrates, and gain weight. As mentioned previously not every symptom has to be experienced for a diagnosis, for example an individual's energy level may be normal while carbohydrate craving may be extreme. Occasionally a symptom is contradictory, such as weight loss as opposed to weight gain. In a few cases, annual relapse occurs when the warmer weather arrives, and may be in response to high temperatures and humidity. In situations like this the depressive symptoms are likely to be characterized by insomnia, decreased appetite, weight loss, and agitation or anxiety.

One cause of the disorder is believed to be a lack of exposure to light, and evidence suggests that the farther someone lives from the equator, the more likely they are to develop SAD. Countries such as Finland, Alaska and the northern parts of Russia, report higher rates of SAD in their population because of their shorter days and longer periods of darkness.

Another cause of the disorder is the hormone melatonin produced by the pineal gland located in the middle of the brain. The pineal gland reacts to darkness by excreting extra melatonin, a sleep-related hormone linked to depression. As the days grow shorter and darker, more melatonin is produced, and as the seasons change, people experience a shift in their biological internal clock or circadian rhythm that can cause them to be out of balance with their daily schedule.

Researchers have proven that bright light can help with SAD symptoms, because it changes the brains chemistry. One way to obtain this bright light is to get up early, and go for a walk before 8am, in doing this you naturally increase your exposure to sunlight and help to regulate your biological clock. Another inexpensive method to obtain natural light is to arrange your office or home, so that you spend more time near a window exposing yourself to day light. Some individuals have found Phototherapy (exposing themselves to a fluorescent lamp) for 30 to 90 minutes a day during winter has helped. Additional relief has been found with counseling, cognitive behavioral therapy, visiting a psychologist, antidepressant medication is necessary and in some cases hospitalization is necessary.

Peta O'Mealey, Registered Psychologist, BS, PgradDipPsyc, Associate MAPS, Cert. Professional Psyc Practice, and Applied Behavioural Analysis (ABA) Therapist, will be available at the Community Technology Centre (CTC) on Tuesdays from the 1/06/2010 to counsel and assist individuals with Depression, Anxiety, Stress and other Mental Health issues via Medicare (Bulk Billing). For an appointment contact Peta on 043 868 7237 or drop into the CTC on Tuesdays.

Welsh Choir Concert

The Sydney Welsh Choir is coming to Robertson for an afternoon concert on Sunday 1st August 2010 in the Robertson School of Arts. The concert is being arranged by the Robertson Village Network.

The choir was formed in 1978, following an Australian tour of the Welsh Rugby Union team. Originally it was an all male choir and in 1980 was broadened to a choir of mixed voices. There are currently 60 members. The choir performs many concerts and has sung in the Sydney Opera House, Sydney Town Hall and Stadium Australia. They have also toured overseas performing in many European cities and, of course, in Wales. The repertoire includes traditional Welsh hymns and songs as well as pieces of contemporary composers. A feature of the concert will be a narrative on a Welsh theme presented by one of the choir members.

Concert details will be posted on the village network's web site www.robertson.nsw.au

The audience will be assured of a wonderful afternoon's entertainment. The concert will raise funds for community groups that include the Show Society and the Heritage Railway Station.

Kerbside Clean Up In August in Robertson

23-27 August : To book and pay phone Resource Recovery 4868 0500

Council will not collect unacceptable items so check what you can and can't put out on www.wsc.nsw.gov.au

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Wanted Rental Houses to lease

Tenants wanting Houses to lease in the area urgently.



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Introducing: The Robertson Cheese Room

The Robertson Cheese Room is bursting with exciting flavours, including Local, Australian and International Artisan cheeses, fresh regional produce and gourmet goods. It has vibrant new owners and a new home; it is now nestled within the maturation rooms of the Old Robertson Cheese Factory, giving even more ambiance to this special wee store.

The team is energised and committed to serving our local community and tourist trade, with a vision to market and support local products, such as Small Cow Farm cheeses, Robertson Potatoes, South Coast Cheeses, Gerringong Tapenades and Jams, Alpine Berry Farm products, Doodles Creek and many more regional treasures! As well as locally produced seasonal vegetables, fruits, jams, pickles, herbs, fresh bread baked daily and regional honey.

This rustic venue is well stocked with great deli lines, oils, olives, and a vast arrangement of condiments, pasta and charcuterie. With the fabulous history of the Old Robertson Cheese Factory and with the rich cheese making past in mind, the store in time will also feature a maturing room and cellar to benefit local producers and consumers alike!

Come and visit us in Winter and enter our competition to win a free hamper of luscious, wholesome goodies! We welcome suggestions for new products and encourage the local community to stop by and taste some new and exciting flavours!

We are open 7 days 9.30am - 4.30pm and also provide Cheese and Fruit Platters on request for functions. Please do not hesitate to call the team at the Cheese Room 4885 2000 for further information!



Whats NEW at the Robertson Inn



Monday: Homemade soup & damper \$8 all day .
Texas Poker

Tuesday: Homemade soup & damper \$8 all day
Chef's special \$6, dinner only.

Wednesday: Schooner Raffles
\$7 Burger & chips

Thursday: \$9 Schnitzel & chips

Friday: Robbo Reelers Raffles - Joker Draw

Saturday: Live Entertainment

Karaoke every second Saturday of the month

For Robertson Inn VIP CLUB Members

Monday to Friday : Happy hour 5-6pm

Wednesday: \$6 Burger & chips

Thursday: Happy hour 5-9pm \$8 Schnitzel & chips

Sunday: \$5 off any Bistro Meal: VIP Draw 6:30pm

Bonus VIP Draw every 6 weeks!!!

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portable DVD player, digital camera.

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COMMUNITY NOTICES

CTC 2pm Sunday Series

The MAESTROS



ISAAC STERN returns to China 20 years after the making of the acclaimed documentary *Mao to Mozart*. Some fascinating reunions of Stern and the young children he inspired to become great adult musicians.

PLUS

LEONARD BERNSTEIN conducts a recording of *West Side Story* with José Carreras and Dame Kiri Te Kanawa – some brilliant and sometimes fiery interactions between the Maestro, the singers and the recording engineers.

Sunday 27th June 2010 at 2pm



A truly enchanting gem from Mike Newell (*Four Weddings and a Funeral*) set in the 1920s. Four women rent a chateau on a remote Italian island to try to come to grips with their lives and relationships. They explore the differences in their personalities, reassess their goals, and re-examine their relationships in a sisterly fashion. The film is gorgeous, the scenery is breathtaking, and no doubt you will want to visit the Italian coast after seeing this film.

Sunday 11th JULY
2010 at 2pm

Café opens at 1.30pm
Light refreshments available. BYO
beer/wine.

Adults \$10 children \$5
(CTC fund raiser).

Bookings recommended

CTC@Robertson

58 – 60 Hoddle Street Robertson.
4885 2665

<http://www.robertsonctc.org.au/cafe.htm>
info@robertsonctc.org.au

A Day for Women

9.30am

Saturday, 10th July

St John's

Christian Education Centre

Meryla St, Robertson

Director of Studies

Mary Andrew's College

Jackie Stoneman

speaks on

Depression

Morning Tea & Light Lunch

Provided

\$15

R.S.V.P Lesley—4885 1241



Sat 19th June

Robertson/Burrawang
Soccer Club Birthday dinner

At

Robertson Bowling Club

Followed by "Humbucker"
from 8pm to midnight.

At Midnight- Australia V

Ghana Soccer
match can be
viewed on the
big screen.

The band and
Soccer match is
open for the
public to attend.

Saturday 18th September 2010

Robertson Patchwork & Craft Group

Invite you to enjoy

QUILTERS DREAMS AND SEWING MACHINES

(Formerly Quilters Garden) for shopping

Bring your patchwork, craft, show & tell,
Join in a fun day at

Robertson School of Arts Hall

Illawarra Highway, Robertson

(next to police station)

Between 10am and 4pm

\$25 per head, includes morning tea
and lunch.

Bookings essential for catering

Contact Roslyn 0412559901 or

Carole 48851756

Thank you for supporting Robertson Tennis
Maintenance Programme

Defibrillator

The Defibrillator owned by the
Robertson Community has been
relocated from

Robertson Bowling Club

to

Robertson Doctors

28 Hoddle St

Robertson

Phone 48852569

If anyone requires the use of this
machine, please contact the
above number.

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ALBERT HINKLER MAUGER

I have fond memories of Albert Hinkler Mauger who passed away 7th May, 2010, the ninth child of the late Bridget and Edward Mauger. He married Eunice Donovan, at the Church of England Moss Vale. They had five children, Les (Tubby), Ken, Robyn, Graham and David (Barney).

My first memories are of him loading us in the back of his maple leaf lorry as small children. We sat on a rug in the back of the table top lorry. There were a few seats for the oldies and off we went down the coast to the wreck at Shellharbour for a Sunday picnic and a swim. The fellows would fish and the children swam at the beach. I can just remember as I got a little older, about 4 years, we went with him on a trip to Albion Park where I stayed with the O'Gorman family for a week. Uncle Bert would pick me up after they had sold their calves at the Unanderra saleyards (they had a calf run as they called it – they would collect the calves from the dairy farmers and take them to the saleyards).



On the way home from the saleyards he would have bought a Scorched Peanut Bar which he would share. As we were coming up the mountain he would sing away, "My Name is McNamara I am the leader of the brand...." As a small girl I thought this was great. Sadly his health has not been good for around 10 years and he has been in a nursing home, but the last time I saw him he had come up and told us he had lost his best mate Snow Donovan. His wife Eunice has diligently and continuously attended his side at the nursing home to help feed and care for her husband.

Frances Bailey.

Church Services

Anglican

St John's Robertson

8.00am Traditional Services

1st Sunday- Communion

4th Sunday- Morning Prayer

9.30am Family Service/Sunday School
Every Sunday

St David's Burrawang

5.00pm - 2nd Sunday

Roman Catholic

Burrawang

1st, 3rd, 5th Sundays – 8.00am

2nd & 4th Sundays – 5.00pm



Sunday Youth Night Church

1st Sunday of the Month

It's for everyone around high school age, starting at 6:30pm. We finish around 7:30 and then have some food till about 8pm.

Come and check it out - we are in the new building on Meryla Street Robertson , behind the old church building.

More info?

Call Jon Bracht on 4886-4326

Contribution Guidelines

Community Service Announcements, articles and diary submissions are free of charge. All items must be submitted by deadline dates and may be modified at the editors discretion. To avoid extensive editing please limit announcements to 25 words, and articles to a maximum 300 words. It is preferable that submissions be typed or emailed. Thank you.

Advertising

A single insertion is \$35. (Discount of \$5 for members of Robertson Chamber of Commerce) Each insertion is limited to a maximum 85 x 55 mm. Advertisers are responsible for meeting submission deadlines. Any copy received after the deadline is unlikely to be included. All advertising is payable in advance. All advertisements to Dorothy Baker at the OPSGallery now at the Robertson Cheese Factory ph/fax 4885 2400 or POBox 3005 Robertson 2577. Thank you for your support.

Deadline

The next issue will be distributed in the first weeks of **October**. All advertising & submissions must be received by **15th September 2010**. Forward correspondence to: **Robertson Newsletter, 64 Hoddle St, Robertson 2577**, or **Email: bjlee@dodo.com.au**. (Submissions are best supplied by email or on disk. Hard copy should preferably be typed) Enquiries - 4885 1210

Disclaimer

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Editor : Barry Lee